

## ASSESSMENT OF THE QUALITY OF LIFE OF PATIENTS WITH CHRONIC POLYPOID RHINOSINUSITIS

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**ABSTRACT:** Chronic polyposis rhinosinusitis (CPRS) is considered a serious problem of modern medicine, as it reduces the quality of life of patients due to deterioration or complete blockade of nasal breathing, impaired smell, headache due to a state of chronic hypoxia.

**KEYWORDS:** Neutrophilic, patients, nasal breathing, impaired smell and headache.

### INTRODUCTION

The purpose of the study was the study of the quality of life of patients with chronic polyposis rhinosinusitis.

### MATERIALS AND RESEARCH METHODS

For a subjective assessment of the quality of life of 150 patients who were hospitalized in the ENT department of the 3rd clinic of the Tashkent Medical Academy, we used the SNOT 20 (Sino-Nasal Outcome Test) questionnaire.

### RESEARCH RESULTS

A survey of CPMS patients showed a significant decrease in the quality of life of patients. In patients with "eosinophilic" polyps, the average score was  $68.4 \pm 18.7$ , in patients with "neutrophilic" polyps -  $53.7 \pm 15.4$ . This is largely due to difficulty in nasal breathing, impaired smell and headache, which are constantly present. The above condition of patients, in turn, reduces the patient's ability to work, which is a very significant social problem in our country.

### CONCLUSION

The results of the study showed that in patients with "eosinophilic" polyps, compared with "neutrophilic" polyps, the quality of life is significantly reduced, which is associated with the widespread course of the polyposis process.

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